



## Statement of Commitment for Participation in the 200 Hour International Teacher Training Program (Canadian)

Thank you for your commitment to participate in the 200 Hour International Yoga Teacher Training program. Please read all of the information contained in this packet which formalizes your commitment to the expectations of each module of the program. If you have any questions, feel free to contact us at [shirley6yoga@gmail.com](mailto:shirley6yoga@gmail.com) or 1 (306) 270-8638.

### Application Checklist:

- ☐ Application form submitted (Date) \_\_\_\_\_
- ☐ Phone or in-person meeting completed (Date) \_\_\_\_\_
- ☐ Statement of Commitment signed and submitted (Date) \_\_\_\_\_
- ☐ Waiver/Release form signed and submitted (Date) \_\_\_\_\_

### Module & Payment Commitment:

I have committed to participation in the following module(s).

- Module 1 - Online training: Wednesdays 6-8 pm (SK time) – **Jan 6, 13, 20 & 27 (2021)**
- FY1 – Module 1,2 & 3 (Nov 13-15, Dec 11-13 & Jan 8-9 2021)
- Module 3 - Online training: Wednesdays 6-8 pm (SK time) – **Feb 10, 17, 24 & Mar 3**
- Module 4 - Online training: Wednesdays 6-8 pm (SK time) – **Mar 17, 24, 31 & Apr 7**
- Module 5 - TEACHER PRACTICUM YOGA CAMP: **Apr 28-May 2**

### Standard Payment Terms:

I understand and agree to the payment terms provided below.

The cost of tuition is \$3525 CAN. (FYI Tuition - \$1125.00 + 200hr Modules 1, 3, 4 & 5 - \$2400.00)  
A \$200 non-refundable fee is due with your application, and will be applied toward tuition.

### Payment Options:

- Full tuition paid prior to 1 week prior to start date \$100.00 discount
- Payment/Module – Payment will be received no later than the 1<sup>st</sup> of each month of the module (\$200.00 deposit with application, FYI \$375.00 Mod 1,2 & 3 – 200hr Module 1, 3, 4 & 5 - \$550.00/month)

All payment options must be approved by Training Division Leader Shirley Berthelet. A 50% discount is offered for former graduates wishing to repeat their training.

An electronic version of the training manual is included in the cost of tuition. Pose manuals for Level 1 (FYI training) & Level 1-2 (Inspiritus Module 5)

Payments can be made via check made payable to Shirley Berthelet and mailed to; Box 958 Esterhazy, SK., S0A 0X0 or an e-transfer can be arranged upon request.

**Cancellation and Refund Policy:**

In the event that Inspiritus Yoga cancels training or a module, all applicable fees will be refunded in full.

Refunds will not be issued for late arrivals, unattended events, or late termination. All cancellation notices must be made in writing via email to Shirley Berthelet at shirley6yoga@gmail.com.

- ❖ More than 7 days' notice: Refund less \$100 administrative fee which is one time transferrable to another module. This credit is good for one year and may be used for any of our training modules.
- ❖ Less than 7 days' notice: Refund 50% of the tuition fee for that module.
- ❖ Less than 24 hours' notice: No refunds will be issued in the event that we do not receive more than 24 hours' notice of your cancellation.

**Participation Commitment:**

I hereby commit to complete participation in all of the modules indicated above. I agree to attend all of the scheduled sessions, participate in weekly calls with my mentor, to complete the requirements of each module in a timely fashion, and to receive homework approval for each module for it to be considered completed and in order for me to proceed to the next module. If I am unable to participate for any reason, I will notify my mentor who reserves the right to dismiss me from the program.

**Acknowledgement:**

I acknowledge that I have read and agreed to all of the terms provided in this document.

\_\_\_\_\_  
Participant's Signature (please type if electronic)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Shirley Berthelet, Training Division Leader Inspiritus Yoga

\_\_\_\_\_  
Date