Chair Yoga Workshop

Training Hours:

- Chair Yoga will consist of an 8hour training workshop.

Cost of Training: $200.00 includes training manual

Admissions Criteria & Pre-requisites:

- At least 18 years of age
- Physically able to participate in yoga teacher training
- 10 hours of Foundational Yoga Teacher training experience

Cancellation & Refund Policy:
In the event that BreatheMoveBe cancels an event, all fees will be refunded in full.

All cancellation notices must be made in writing via email to Shirley Berthelet or Leanne Parsons – running@breathemovebe.ca

- More than 7 days' notice: Refund less $50 administrative fee which can be transferred to future trainings offered by BreatheMoveBe
- Less than 7 days' notice: Refund 50% of the registration fee
- Less than 24 hours' notice: No refund will be issued

With the intention of providing a small group atmosphere a limited number of applications will be approved for this yoga instructor workshop, an in person or phone interview may be requested.

Application Form

Name: _____

Address: _____

City/Province: _____ **Postal Code:** _____

Home Phone: _____ **Cell Phone:** _____

Email Address: _____

Occupation: _____

Chair Yoga is a Specialty Yoga workshop. Some yoga certification and teaching experience is required before an applicant will be considered for the workshop, please outline your yoga certifications and what school you took training from:

I have read & am aware of the registration, payment & refund policies and agree to those guidelines.

_____   _____
Date   **Signature**

                                                                                _____
                                                                                Print Name

Please mail completed application along with a cheque *(may be postdated for 2 weeks prior to registration deadline) (cheques made payable to either Leanne Parsons or Shirley Berthelet)* Or contact us at running@breathemovebe.ca to arrange e-transfer

To: Leanne Parsons
150 Quill Crescent
Saskatoon, Sask.
S7K 4T9

BreatheMoveBe lead instructors **Shirley Berthelet E-RYT 200, YfR, SPRA, Canfitpro PTS, & Leanne Parsons RYT, YfR,** facilitate all training

Registration will be confirmed once signed application has been received & reviewed.

Encouraging us to inhabit the moment on and off the path